



# Visit Natural Detox

KOH SAMUI HOLISTIC RESORT

## **8-DAY RESET PACKAGE (All Inclusive)**

**19,990 THB**

8-DAY RESET PACKAGE (All Inclusive) - 2 ppl sharing

29,990 THB

## **15-DAY REVITALIZE PACKAGE (All Inclusive)**

**39,990 THB**

15-DAY REVITALIZE PACKAGE (All Inclusive) - 2 ppl sharing

59,990 THB

- Bungalow Accommodation 7 nights / 14 nights
- Courtesy Transfers to and from the Airport
- Daily 100% Organic Herbal Detox Shakes
- Healthy Meals & Drinks in the awarded **'Wild Tribe Superfood Café'**
- Herbal Detox Overnight Flush
- T.E.N.S. session, ear-candling therapy or a LED anti-wrinkle facial
- Natural Fat Burner Supplements
- Private Fitness Assessment by our Personal Trainers
- Daily Access to 3 Classes, adapted to Fitness Level & Personal Goals (17 classes/week, 1.5 day/off per week for recovery) (Cardio, Yoga, Fitness, S&C, Self Defense...)
- Weekly Meditation Workshop
- Every day Choice of One Hour Traditional Thai Body Massage, Oil Massage, Neck-Shoulders-Back Massage or a Foot Reflexology Massage
- Steam Box & Ice Bath once a week
- *Exclusively for the 15 Day Revitalize Package: Full Day Boat Trip to Ang Thong National Park*

Rooms are cleaned and supplied with drinking water regularly. Wi-Fi is available throughout the resort. All guests receive a welcome meeting with the scheduled weekly program. All programs are detailed with times, activities and level of intensity. Please try to attend as many classes as possible to achieve the greatest results - but we will respect your free time if not attended.

**Suggested ADD-ONS in the beauty center: Hair & Make Over, Waxing, Teeth Whitening, Manicure, Body Scrubs, Cellulite Blasting... Arrival day is Sunday throughout the year.**

## ROOM & CLASSES PACKAGE

- Choice of Accommodation (Standard / Bungalow)
- Private Fitness Assessment by our Personal Trainers
- Daily Access to 3 Classes, adapted to all fitness levels & personal goals (17 classes/week; 1.5 day for recovery; Cardio, Yoga, Muay Thai, Strength and Conditioning, Self Defense...)
- Steam Box & Ice Bath once a week
- Weekly Meditation Workshop
- Fat Burner Supplements
- Herbal Detox Overnight Flush
- T.E.N.S. session, ear-candling session or LED anti-wrinkle facial in the on-site beauty center

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|-----------------|-------------------|--------------------|--------------------|--------------------|
| <b>STANDARD</b> | 8 days/7 nights = | <b>9,990 Baht</b>  | 15 days/14nights = | <b>17,990 Baht</b> |
| <b>2 pax</b>    | 8 days/7 nights = | <b>14,990 Baht</b> | 15 days/14 nights= | <b>26,990 Baht</b> |
| <b>BUNGALOW</b> | 8 days/7 nights = | <b>11,990 Baht</b> | 15 day/14nights =  | <b>21,990 Baht</b> |
| <b>2 pax</b>    | 8 days/7 nights = | <b>19,990 Baht</b> | 15 day/14 nights=  | <b>35,990 Baht</b> |

We can also provide longer retreats & a *detox meal plan* if your goal is to detoxify your digestive tract or loose excess weight. You can book additionally a colon hydrotherapy session, Chinese cupping, body scrubs, massages, a fasting package ...

For bookings or enquiries please contact us: [hello@visitnaturaldetoxresort.com](mailto:hello@visitnaturaldetoxresort.com)